
DISTRICT OF COLUMBIA PUBLIC SCHOOLS

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2i. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	11.7	3.0	11.1	3.9	11.4	3.0
Hispanic	—	—	—	—	18.5	8.8
Other	—	—	—	—	32.9	14.6
Grade						
6	21.9	12.8	16.2	15.9	18.9	13.4
7	14.3	4.6	12.2	4.2	13.3	3.2
8	12.5	5.0	9.0	3.2	10.7	3.2
Total	17.3	4.9	12.4	5.0	14.8	4.4
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	32.6	4.5	29.2	3.9	30.9	3.4
Hispanic	—	—	—	—	35.1	11.5
Other	—	—	—	—	21.6	9.5
Grade						
6	23.7	10.8	17.8	7.7	20.6	7.7
7	32.6	5.3	28.6	4.7	30.6	3.9
8	39.7	5.0	36.6	6.0	38.1	4.4
Total	32.4	4.5	28.0	4.1	30.2	3.7

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3i. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [†]	92.4	2.7	87.7	4.2	90.2	2.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	83.8	12.2
Grade						
6	—	—	—	—	85.6	8.7
7	89.3	3.7	87.2	3.7	88.4	2.7
8	93.4	4.4	85.3	5.8	89.8	4.5
Total	90.8	2.7	85.0	4.9	88.1	3.0
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	89.8	3.3	88.9	4.7	89.4	2.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	81.4	8.6
7	85.0	5.2	87.7	6.5	86.4	4.4
8	85.4	7.9	89.0	4.5	87.2	4.7
Total	85.7	3.9	84.4	6.1	85.1	3.5

*Among the 80.6% of students who had ridden a bicycle.

†Among the 49.5% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4i. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [¶]	46.1	4.6	25.5	4.4	35.6	3.9
Hispanic	—	—	—	—	22.9	10.3
Other	—	—	—	—	44.7	10.7
Grade						
6	33.1	14.3	18.0	12.2	25.3	10.4
7	43.1	6.1	23.6	5.4	33.4	4.5
8	53.2	6.6	34.4	5.0	43.7	4.7
Total	44.3	5.2	25.5	4.6	34.8	4.1
Were in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	85.5	3.2	71.5	4.2	78.3	3.0
Hispanic	—	—	—	—	60.3	9.9
Other	—	—	—	—	68.2	12.7
Grade						
6	74.2	8.4	—	—	66.3	8.8
7	84.3	6.1	69.4	4.6	76.9	3.9
8	87.8	4.0	75.8	4.9	81.6	3.4
Total	81.8	3.9	68.5	4.1	75.2	3.3
Were hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	15.2	3.1	6.9	2.1	11.0	1.7
Hispanic	—	—	—	—	11.2	5.9
Other	—	—	—	—	14.9	10.4
Grade						
6	8.0	4.1	—	—	7.1	4.0
7	15.6	4.0	6.2	2.2	10.9	2.4
8	18.5	4.9	11.9	4.8	15.1	3.3
Total	14.9	2.6	8.1	2.5	11.5	2.2

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5i. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	20.9	3.5	31.6	3.5	26.4	2.8
Hispanic	—	—	—	—	28.4	8.9
Other	—	—	—	—	32.5	12.3
Grade						
6	29.0	10.8	31.4	11.5	30.2	9.8
7	21.0	4.1	32.3	5.1	26.6	3.7
8	19.3	4.4	33.6	5.5	26.6	4.1
Total	22.5	4.0	32.3	4.0	27.5	3.5
Made a plan about how to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	13.3	2.9	16.5	2.9	15.0	2.1
Hispanic	—	—	—	—	16.6	7.0
Other	—	—	—	—	19.2	9.0
Grade						
6	17.6	9.0	15.9	7.4	16.7	5.4
7	14.1	2.9	17.5	4.5	15.8	2.8
8	11.4	3.6	18.5	4.6	15.0	3.4
Total	14.0	3.0	17.2	3.4	15.6	2.2
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	11.1	2.9	14.8	2.9	13.0	2.0
Hispanic	—	—	—	—	15.9	7.2
Other	—	—	—	—	18.1	8.8
Grade						
6	13.2	8.4	11.3	5.7	12.2	5.1
7	12.4	3.7	17.1	4.6	14.8	3.0
8	10.8	4.8	15.4	4.1	13.1	3.4
Total	12.7	3.6	14.9	3.0	13.8	2.4

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 6i. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	48.0	4.5	42.0	5.2	44.9	4.2
Hispanic	—	—	—	—	40.1	9.8
Other	—	—	—	—	38.0	10.3
Grade						
6	—	—	—	—	36.5	10.8
7	41.8	5.6	44.7	4.4	43.3	3.7
8	53.9	7.2	47.9	6.7	50.7	5.9
Total	47.4	4.6	40.6	5.2	43.9	4.1
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	7.8	2.8	6.1	2.5	6.9	2.0
Hispanic	—	—	—	—	6.8	5.2
Other	—	—	—	—	7.4	7.8
Grade						
6	—	—	—	—	8.6	8.7
7	6.1	2.9	3.6	2.2	4.9	2.0
8	10.6	3.8	7.4	3.1	8.9	2.6
Total	8.1	3.1	6.6	2.9	7.3	2.5

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7i. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	8.4	3.1	7.7	2.0	8.0	1.9
Hispanic	—	—	—	—	12.5	6.7
Other	—	—	—	—	10.5	8.4
Grade						
6	—	—	—	—	4.9	4.3
7	6.9	3.3	10.2	2.7	8.6	2.4
8	11.2	3.7	12.3	4.6	11.8	3.4
Total	8.2	2.6	9.3	2.3	8.8	2.0
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	1.8	1.3	1.2	1.0	1.5	0.7
Hispanic	—	—	—	—	1.4	1.9
Other	—	—	—	—	0.4	0.8
Grade						
6	—	—	—	—	1.2	1.6
7	1.2	1.0	0.5	0.7	0.9	0.6
8	2.3	1.8	1.3	1.2	1.8	1.1
Total	1.9	1.0	0.9	0.8	1.4	0.6

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[¶]Not available.^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8i. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,[†] and Used Any Tobacco Product,[§] by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	— ^{††}	—	—	—	—	—
Black**	8.7	2.9	4.3	2.2	6.4	2.2
Hispanic	—	—	—	—	13.3	7.7
Other	—	—	—	—	18.6	10.7
Grade						
6	15.0	8.8	12.1	13.0	13.5	10.0
7	8.3	2.9	3.5	1.8	5.9	1.9
8	9.8	4.2	4.1	3.7	6.9	3.3
Total	11.2	3.1	6.4	4.2	8.8	3.2
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.9	2.4	5.9	1.9	6.4	1.7
Hispanic	—	—	—	—	10.9	6.1
Other	—	—	—	—	16.0	9.3
Grade						
6	5.1	3.4	7.9	8.0	6.5	4.6
7	7.9	2.8	6.3	2.4	7.1	1.9
8	10.4	4.8	8.2	3.9	9.3	3.4
Total	8.6	2.4	7.6	3.0	8.1	2.0
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	14.2	3.9	12.8	3.1	13.5	2.9
Hispanic	—	—	—	—	17.8	9.9
Other	—	—	—	—	19.9	10.7
Grade						
6	—	—	—	—	15.4	11.4
7	12.6	4.1	12.3	2.9	12.4	2.5
8	15.7	5.3	16.6	6.5	16.1	5.2
Total	13.8	3.5	15.5	4.8	14.7	3.8

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[†]Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.[§]Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[¶]95% confidence interval.

**Non-Hispanic.

^{††}Not available.

Table 9i. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [†]	40.7	5.0	44.0	5.1	42.4	4.3
Hispanic	—	—	—	—	46.2	10.7
Other	—	—	—	—	41.0	11.3
Grade						
6	—	—	—	—	27.3	7.0
7	45.8	6.1	44.9	6.3	45.3	4.3
8	50.0	7.4	55.2	6.3	52.8	5.4
Total	41.9	5.0	43.6	5.1	42.8	4.2
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	20.2	4.2	15.1	3.5	17.6	3.3
Hispanic	—	—	—	—	12.9	6.0
Other	—	—	—	—	12.6	7.7
Grade						
6	—	—	—	—	9.0	3.8
7	17.4	4.4	12.8	3.6	15.1	3.2
8	29.3	6.2	21.4	5.5	25.2	5.2
Total	18.9	3.7	14.2	3.3	16.5	2.9
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	5.0	2.0	3.8	2.3	4.4	2.0
Hispanic	—	—	—	—	9.4	7.4
Other	—	—	—	—	8.2	8.3
Grade						
6	5.4	8.6	8.7	11.7	7.1	10.2
7	5.5	2.7	5.3	2.3	5.4	2.0
8	5.6	2.8	1.9	1.6	3.7	1.6
Total	6.2	3.2	5.2	3.8	5.7	3.3

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10i. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	— [†]	—	—	—	—	—
Black [§]	10.7	2.7	11.5	2.8	11.1	1.8
Hispanic	—	—	—	—	15.6	7.0
Other	—	—	—	—	9.5	8.5
Grade						
6	8.5	4.4	11.2	8.3	9.9	4.7
7	11.8	3.9	15.2	3.5	13.5	2.7
8	10.8	4.1	10.1	3.4	10.4	2.9
Total	10.5	2.4	12.3	3.1	11.4	2.1
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	2.4	1.2	1.4	0.8	1.9	0.7
Hispanic	—	—	—	—	3.5	3.0
Other	—	—	—	—	1.7	1.4
Grade						
6	1.9	2.3	0.0	0.0	0.9	1.1
7	2.1	1.6	2.6	1.8	2.4	1.4
8	3.3	2.2	2.2	1.6	2.7	1.3
Total	2.5	1.1	1.7	0.9	2.1	0.7

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

†Not available.

Table 11i. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	8.1	2.5	5.9	2.2	7.0	1.6
Hispanic	—	—	—	—	14.9	6.7
Other	—	—	—	—	7.6	5.6
Grade						
6	—	—	—	—	9.3	5.2
7	6.6	2.9	8.0	2.8	7.3	1.9
8	9.1	3.9	6.7	2.9	7.8	2.5
Total	9.3	2.6	6.9	2.4	8.0	1.7
Had first drink of alcohol before age 11 years[‡]						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	21.2	3.6	19.2	3.3	20.2	2.6
Hispanic	—	—	—	—	26.7	7.9
Other	—	—	—	—	34.3	10.4
Grade						
6	—	—	—	—	20.2	4.9
7	24.1	5.0	21.9	4.3	23.0	3.3
8	24.2	7.1	20.6	5.1	22.3	4.6
Total	23.8	3.7	20.7	3.7	22.2	2.6
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	4.7	2.1	1.3	1.1	2.9	1.1
Hispanic	—	—	—	—	5.8	5.1
Other	—	—	—	—	7.4	6.4
Grade						
6	—	—	—	—	5.6	3.3
7	2.7	1.5	3.1	2.4	2.9	1.5
8	4.9	2.4	1.2	1.3	3.0	1.3
Total	4.8	1.9	2.7	1.7	3.7	1.2

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[‡]Other than a few sips.

Table 12i. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	50.9	5.3	20.3	4.3	34.8	4.0
Hispanic	—	—	—	—	24.1	9.0
Other	—	—	—	—	25.0	10.5
Grade						
6	—	—	—	—	20.7	7.0
7	49.0	6.7	20.7	4.7	34.8	4.7
8	54.3	8.2	28.4	5.9	40.4	5.8
Total	47.3	5.5	18.4	3.8	32.3	3.9
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	21.5	4.4	4.8	2.1	12.8	2.6
Hispanic	—	—	—	—	9.9	5.9
Other	—	—	—	—	2.7	3.2
Grade						
6	—	—	—	—	10.3	5.7
7	20.8	5.2	7.0	3.0	13.9	3.0
8	15.7	6.0	2.8	1.9	8.9	3.2
Total	18.9	3.9	4.3	1.7	11.3	2.2
Had ≥ 3 sex partners						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	23.0	4.3	6.2	2.3	14.2	2.7
Hispanic	—	—	—	—	6.6	4.6
Other	—	—	—	—	10.6	6.6
Grade						
6	—	—	—	—	4.8	2.9
7	22.8	5.5	6.4	2.6	14.5	3.0
8	27.8	5.8	9.5	4.1	18.0	3.9
Total	20.6	4.0	5.5	2.0	12.8	2.5

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13i. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	81.5	5.0	75.7	6.7	79.7	4.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	80.8	5.5	—	—	81.8	4.3
8	80.2	7.8	76.3	6.9	78.7	5.4
Total	81.1	4.6	78.2	6.2	80.2	3.6
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	83.9	3.7	88.2	3.2	86.1	2.8
Hispanic	—	—	—	—	71.6	7.5
Other	—	—	—	—	76.5	10.1
Grade						
6	78.9	9.9	79.2	10.3	79.0	8.3
7	78.3	6.2	88.9	3.9	83.5	4.1
8	88.0	4.2	88.0	5.3	88.0	4.2
Total	81.2	4.4	85.5	3.3	83.3	3.0

*Among the 32.3% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14i. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	— ^{††}	—	—	—	—	—
Black**	59.9	6.0	52.2	5.7	55.9	5.1
Hispanic	—	—	—	—	60.5	10.4
Other	—	—	—	—	54.4	12.7
Grade						
6	—	—	57.1	15.0	56.9	14.2
7	61.2	7.2	56.4	5.3	58.7	4.7
8	60.9	7.1	48.4	5.3	54.5	4.6
Total	58.8	5.3	54.2	5.3	56.4	4.7
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	61.2	4.7	40.7	4.2	50.6	3.3
Hispanic	—	—	—	—	37.9	11.9
Other	—	—	—	—	48.1	13.8
Grade						
6	—	—	—	—	47.2	9.6
7	57.7	6.3	42.5	5.8	50.1	4.9
8	64.8	4.9	36.3	5.4	50.2	4.1
Total	57.8	4.7	40.4	4.7	49.0	3.8
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	63.7	5.0	67.4	5.7	65.6	4.3
Hispanic	—	—	—	—	61.4	9.7
Other	—	—	—	—	48.5	9.7
Grade						
6	50.5	9.5	—	—	51.8	11.3
7	65.8	6.2	71.2	5.8	68.5	4.6
8	65.6	6.8	68.9	5.9	67.3	4.9
Total	60.2	4.6	65.3	5.8	62.8	4.0

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15i. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,[†] by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [†]	63.1	6.7	59.3	7.4	61.1	6.5
Hispanic	—	—	—	—	70.2	14.3
Other	—	—	—	—	67.1	13.0
Grade						
6	66.2	17.0	65.4	20.1	65.8	17.9
7	60.6	10.0	57.2	9.0	58.8	9.0
8	65.9	9.6	63.6	11.8	64.7	9.0
Total	64.4	6.9	61.5	7.6	62.9	6.8
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	21.1	6.0	18.9	5.7	20.0	5.2
Hispanic	—	—	—	—	27.5	11.5
Other	—	—	—	—	25.4	14.1
Grade						
6	33.6	18.5	27.8	16.1	30.6	16.1
7	20.2	7.0	17.7	6.3	18.9	6.0
8	19.4	8.1	12.7	6.2	15.9	5.9
Total	23.5	6.6	19.1	6.2	21.3	5.8

*On one or more days in an average week when they were in school.

[†]5 days in an average week when they were in school.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 16i. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,[†] by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [†]	20.4	4.1	28.4	4.0	24.6	3.2
Hispanic	—	—	—	—	14.3	7.7
Other	—	—	—	—	15.0	6.8
Grade						
6	—	—	—	—	24.1	6.6
7	20.0	4.5	25.1	3.6	22.5	3.1
8	18.8	5.2	22.1	5.3	20.5	3.6
Total	18.7	3.3	25.5	3.5	22.2	2.5
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	17.9	4.6	15.4	3.2	16.6	3.0
Hispanic	—	—	—	—	22.4	8.1
Other	—	—	—	—	17.3	10.5
Grade						
6	—	—	—	—	20.9	8.5
7	15.3	4.1	18.2	4.0	16.7	3.0
8	15.1	4.5	16.3	4.3	15.7	3.3
Total	18.6	3.7	16.4	3.7	17.5	2.9

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

[†]Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 17i. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	16.9	3.8	21.9	3.3	19.5	2.9
Hispanic	—	—	—	—	24.1	9.6
Other	—	—	—	—	23.7	10.5
Grade						
6	15.1	7.7	21.2	11.7	18.3	8.5
7	16.1	4.2	26.0	5.3	21.0	3.4
8	18.6	5.7	25.8	4.4	22.2	3.9
Total	16.5	3.5	24.6	3.8	20.5	2.9
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	33.4	5.0	46.8	4.5	40.2	3.4
Hispanic	—	—	—	—	43.0	13.3
Other	—	—	—	—	36.1	10.5
Grade						
6	32.0	13.8	42.6	14.2	37.5	8.0
7	32.3	6.7	48.9	5.4	40.6	4.5
8	37.3	5.9	48.0	5.1	42.8	4.4
Total	33.3	5.3	46.6	4.9	40.0	3.3

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 18i. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	33.3	4.3	42.0	4.9	37.8	3.5
Hispanic	—	—	—	—	34.9	7.9
Other	—	—	—	—	34.7	11.8
Grade						
6	36.5	11.1	33.9	14.7	35.2	9.8
7	30.0	5.2	42.9	5.8	36.4	4.1
8	35.9	6.4	45.4	4.8	40.8	4.2
Total	33.2	4.0	41.0	5.0	37.1	3.3
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	57.6	4.5	59.4	4.9	58.5	3.7
Hispanic	—	—	—	—	62.5	7.0
Other	—	—	—	—	53.8	13.7
Grade						
6	—	—	45.1	14.0	51.4	9.8
7	56.1	7.3	65.2	5.8	60.7	5.0
8	60.3	6.2	64.7	5.0	62.4	3.7
Total	57.6	4.3	59.0	5.6	58.3	4.0

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 19i. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	19.0	4.3	20.1	3.7	19.6	2.9
Hispanic	—	—	—	—	14.1	5.3
Other	—	—	—	—	20.7	9.7
Grade						
6	—	—	14.0	8.5	16.7	7.3
7	17.0	4.6	19.7	5.4	18.4	3.8
8	19.1	5.3	24.5	5.2	21.8	4.1
Total	18.7	3.6	19.6	3.4	19.2	2.8
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.7	2.6	5.8	1.9	6.2	1.7
Hispanic	—	—	—	—	6.7	4.3
Other	—	—	—	—	8.0	4.8
Grade						
6	6.6	5.2	2.7	2.9	4.6	2.9
7	8.3	3.4	8.1	3.4	8.2	2.6
8	7.2	4.0	6.1	2.8	6.6	2.5
Total	7.3	2.2	5.9	1.9	6.6	1.5
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.7	2.7	7.9	2.5	8.3	2.2
Hispanic	—	—	—	—	8.8	5.1
Other	—	—	—	—	10.7	8.7
Grade						
6	—	—	6.4	5.5	9.0	4.3
7	7.7	3.2	8.8	2.8	8.2	2.1
8	7.7	3.5	7.8	3.0	7.7	2.4
Total	9.4	3.0	7.7	2.2	8.5	2.1

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Without a doctor's advice.